Abdominal Pseudocyst: A Rare Complication of Ventriculoperitoneal Shunting

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Abstract. Ventriculoperitoneal (VP) shunt placement is one of the most commonly performed procedures in neurosurgery. One rare complication is the formation of an abdominal pseudocyst, which can cause shunt malfunction.

Keyword: Abdominal Pseudocyst, Ventriculoperitoneal Shunt

Introduction

Ventriculoperitoneal (VP) shunting is the preferred and most successful method for managing hydrocephalus. Abdominal complications include peritonitis, ascites, bowel and abdominal wall perforation and inguinal hernias. An uncommon but recognized complication is an abdominal pseudocyst (APC), with cerebrospinal fluid (CSF) collecting and being poorly or not absorbed across the serosa. This results in an increased pressure within the APC, reducing forward pressure gradient and optimal shunt function.[1]

The clinical presentation may resemble that of an acute abdomen: Abdominal pain with/without a palpable mass, abdominal distension with/without tenderness, nausea and/or vomiting, decreased appetite, constipation, fever and signs of shunt malfunction such as lethargy and headache. The term pseudocyst implies that the cyst is surrounded by a wall of nonepithelial tissue, such as intestinal serosa and peritoneum. The wall may have evolved from an inflammatory reaction to a focal peritonitis or low-grade infection. An increase in CSF protein
contents may also contribute to a sterile inflammatory response. Central nervous system malignancies such as astrocytomas and primitive neuroectodermal tumors have also been thought to predispose the abdomen to the development of an APC.

2 Case Report

A 6 year-old girl had undergone a ventriculoperitoneal shunt for hydrocephalus. She presented with confusion, abdominal distension and vomiting. She also complained of abdominal pain. The shunt had been inserted when aged a few months and had been revised in 8 month-old, with no sign of infection. Abdominal ultrasound scan showed a large fluid density collection extending on the left upper quadrant abdomen.

The patient had surgical treatment options include excision of cyst and repositioning the distal peritoneal catheter in a different abdominal quadrant. Our patient did not have any signs or symptoms of infection. Analysis of CSF cultures, cell count, protein and glucose concentration were all normal. The formation of the APC may represent a non-infectious peritoneal reaction, associated with a chronic inflammatory process that is poorly understood. The unique feature of the presented case is the delayed presentation with an acute abdomen five years after the last shunt revision. In addition, despite the extreme sized APC, the patient did not present with a shunt malfunction or signs of raised intracranial pressure.

![Figure 1. Head CT-Scan show enlarge ventricle](image-url)
3 Discussion

APC represents an uncommon complication of VP shunts of unknown aetiology in most cases. It may also present as an acute abdomen. Factors that contribute to decreased CSF absorption include shunt infection, previous abdominal surgeries or multiple shunt revisions. Our patient did not have any signs or symptoms of infection. Analysis of CSF cultures, cell count, protein and glucose concentration were all normal. The formation of the APC may represent a non-infectious peritoneal reaction, associated with a chronic inflammatory process that is poorly understood. The unique feature of the presented case is the delayed presentation with an acute abdomen nine years after the last shunt revision. In addition, despite the extreme sized APC, the patient did not present with a shunt malfunction or signs of raised intracranial pressure.

4 Conclusion

APC represents an uncommon complication of VP shunts of unknown aetiology in most cases. It may also present as an acute abdomen. Factors that contribute to decreased CSF absorption include shunt infection, previous abdominal surgeries or multiple shunt revisions.

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